

Special points of interest:

- Mother's Day Trip Away—Scotts Head: 13th, 14th, 15th May
- Next Comp Day: Sunday 12th June 2011

2011, Issue 5

26th April 2011

MID NORTH COAST GIRLS SURFRIDERS INC

April Contest Report

Well it just keeps getting better. It was a really nice start to the day with some sunshine, no wind, small but glassy waves and no undertow allowing our beginner girls and intermediate girls to shine. As contest director I decided I would focus on judging and support the girls learning to judge, therefore I was able to watch every heat and everyone surf. WOW we have some hot little surfers amongst the ranks. Oh and not forgetting some hot older surfers too!

Robyn did a fantastic job as "stand in contest director" but she said I can have my job back. Thanks Rob!

April's contest truly reflected the depth, flexibility and dedication of our committee and members alike. Everyone chipped in when required. I was not going to mention names but bugger it I will and if I forget anyone, I apologise. I want to thank the committee they are truly amazing but a special thank you to Kevin Eames (Taylee's dad) he stores the trailer, brings the trailer down at 6.30am, helps set up in the morning, helps pack up and takes the trailer home. A big ask, a big job – THANK YOU! I would like to thank the whole De Joux Family. They assisted at the BBQ and time keeping. Tedious jobs however most important! THANK YOU!

Until Scott's, yours in surfing - Jo
P.S. Stuff the shoulder; stuff the Doctors; heading to Crescent Head tomorrow for a surf! Enough is enough!

Upcoming Events

SCOTTS HEAD WEEKEND AWAY

When: 13th 14th 15th May, 2011
Where: Scotts Head Holiday Park

If you are coming and you did not put your name on the list or you were absent at the April contest and you are coming can you please text or email Jo, so she can include you and your family for catering a.s.a.p.

Mobile: 0447 020 433

Email: jo.astorini@gmail.com

**DON'T FORGET:
 NO CONTEST AT BONNY HILLS
 IN MAY**

NEXT CONTEST

What: Winter Championships
When: Sunday 12th June 2011
Where: Rainbow Beach,
 Bonny Hills
Time: 7am sign in,
 7:30am - 1st heat in the water

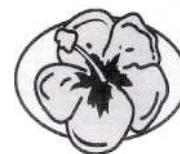


Action from the Intermediate Shortboard heats at the April Comp



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April Contest Results

Beginner Girls (Caddy)	Feb	Mar	Apr	TOTAL
Kyra Evans	15	26	15	56
Hayley Graham	13	28	14	55
Sophie Montgomery	14	26	13	53
Ally Knox	16	18	16	50
Lucy Green	0	28	17	45
Sarah De Joux	11	18	11	40
Kartia Hudson	17	0	15	32
Felicity Lowe	15	0	0	15

Beginner Girls (NO CADDY)	Feb	Mar	Apr	TOTAL
Mahala Hopwood	14	30	17	61
Rachel Hills	11	30	12	53
Emma Campbell	16	28	8	52
Johanna Lindeman	12	30	0	42
Scarlett Montgomery	15	16	11	42
Tayla Ward	13	26	0	39
Ellyse Vickery	11	22	0	33
Kate Tweddle	8	20	0	28
Ashleigh Gatley	7	0	12	19
Lauren Hrabak	0	0	12	12

Intermediate Short-board	Feb	Mar	Apr	TOTAL
Eliza Hopwood	16	32	16	64
Stacey De Joux	15	30	14	59
Tully Lockhart	16	24	12	52
Chelsea Green	0	34	16	50
Grace Monaghan	0	32	16	48
Phebe Lockhart	13	20	14	47
Emily Graham	15	18	11	44
Georgie Farlow	17	26	0	43
Lily Rees	12	18	13	43
Maggie Mowle	13	0	9	22

Whilst we check all information supplied to us, we urge you to verify all dates. If you have any funny stories or information for the newsletter please email it to:
info@mncgs.org.au

Open Shortboard	Feb	Mar	Apr	TOTAL
Wendy Yarnold	15	34	15	64
Elly Muir	17	30	12	59
Brooke Stevens	9	26	12	47
Jade Gaul	17	18	11	46
Taylee Eames	13	14	10	37
Kendel Ward	13	22	0	35
Libby Belgrove	14	0	12	26
Tanesha Amos Hampson	10	0	0	10

Mini Mal	Feb	Mar	Apr	TOTAL
Elly Muir	16	32	13	61
Wendy Yarnold	16	30	15	61
Jade Gaul	16	30	11	57
Kelly Fye	13	30	12	55
Sarah Graham	12	24	12	48
Chelsea Green	0	32	15	47
Taylee Eames	14	24	7	45
Annette Sanders	10	16	12	38
Donna Liver	10	18	8	36
Ellie Borg	8	16	11	35
Stacey De Joux	8	16	10	34
Liz Murray	0	20	14	34
Libby Belgrove	14	0	9	23
Teleah Kinnarrd	6	0	0	6

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Lake Cathie Bakery



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April Contest Results

Continued...

Intermediate Longboard	Feb	Mar	Apr	TOTAL
Kim Maurer	11	18	15	44
Robyn Wallace	7	22	10	39
Leanne Hopwood	8	16	12	36
Sharon Farlow	6	14	0	20
Jenni Gow	0	20	17	37
Caryn Hampson	9	10	0	19
Mandy Mowle	10	0	12	22
Emmy Graham	0	10	10	20
Di Hughes	6	0	13	19
Caralyn Styche	0	0	8	8

Open Longboard	Feb	Mar	Apr	TOTAL
Mel McClure	16	32	15	63
Kelly Fyfe	16	28	15	59
Liz Murray	0	28	15	43
Annette Sanders	13	18	8	39
Jo Astorini	5	10	5	20

U/21 Longboard	Feb	Mar	Apr	TOTAL
Brooke Stevens	5	34	16	55
Nikki Seymour	11	30	13	54
Emily Graham	0	0	16	16



*Future Tandem Surfers?!
Great mates in the intermediate Shortboard
April Comp*



*More action from the Intermediate Shortboard heats
at the April Comp*

CODE OF RESPONSIBILITY

Members please be aware that there are inherent risks in surfing activities that common sense and personal awareness can reduce. Observe the Girls Surfriders Code of Responsibility for a great surfing session.

Entering and leaving the water be careful of shore dumpers, possible rips, rocks and other surfers. Watch for items that may be floating in the water.

Know your ability: Be in control of your board and your body. If you feel that the conditions are beyond your comfort zone, don't be compelled to enter the water, ask yourself: "Am I going to enjoy this surf?"

Be Alert: Watch out for other surfers, loose boards, shallow water, slippery rocks, anyone in difficulty and don't knowingly drop in. Check that your board and leg rope are in good order and protect yourself from the sun and the cold.