

**Special points of interest:**

- WINTER CHAMPIONSHIPS: Sunday 12th June 2011

2011, Issue 6

2nd June 2011

## Scotts Head Weekend Away...

MID NORTH COAST GIRLS SURFRIDERS INC

Well, times have changed or are we just getting older? I am confident it is the later. El Presidento Robyn & Vice Jo upgraded this year to a cabin. Yep left the tents at home. Total stylin'. With no set up to be had it was straight to the point car park.

On arrival there was a small but rideable fun wave to be had. Mel and the Astorini clan and the De Joux family packed the point out. The weather and water was just spot on for this time of year.

After a couple of hours of surfing it was time to check in and unpack and settle in. Sitting in the sun watching all the girls and their families arrive. Friday night was a quite one until Mel had to extract some rock fragments out of her foot. Doctor Rob and her assistant Jade literally dug the rock fragments out! Mel you were very brave considering there was no anaesthetic involved on your part, however I believe the Doctor had your share!

Saturday saw the sun shining, however the surf was again small and would only break on the turn of the tide so until then it was lots of cups of tea and an opportunity for Rob to distribute our new club clothing. Not only can we surf but we are setting the fashion stakes out of the water, with track pants, t-shirts and now the committee have their new all weather jackets. Well done Rob!

It was time to head to the beach for the day with our small tent for protection and a base for all our members to gather. HOWEVER Jo had a very very blonde moment! She brought the tent but there was no roof or sides! DER! Thank god for Grant & Nora they had some spare tarps and ocky straps so never fear we compromised and made a very special tent! Hey it did the job! It was a big day in and out of the water. Jess, Elly & Chloe entertained us right out the back of the point. Jess had a date with the rocks OUCH! But as tough as she is it did not stop her! I even saw some Mums & Dads out there amongst their daughters. I saw girls doing tandem, I even saw some of our members trying their skills on a goat boat. After a throw of the frisbee to dry off it was time to pack up and head for the hills and prepare for dinner.

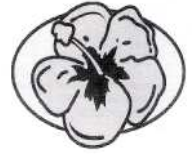
We had the usual BBQ dinner with delicious steak & sausages from The Valley Butchery, Gladstone. It was delicious but OMG it was freezing. On the arrival of Deb & Di we had enough of the committee to have a quick meeting and it was resolved on the spot that next year:

**Scotts Head Camp Out will be held in March: 9<sup>th</sup> – 11<sup>th</sup> 2012.**

**So book in now!**

An early night had by all, ready for the pack up in the morning and a surf before we all headed home. Once again the surf was only small and rather a chilly westerly making conditions rather cool. However, Mel & I hung around and god was on our side. As we paddled out and everyone paddled in the wind dropped and we had a nice little surf. Eventually my kids were yelling at me to come in, I just kept signalling just one more! And I had probably another 8 waves. It felt great to do that to my kids because they have been doing that to me for years. Just one more! After literally stacking the boards on the roof, squeezing Elly in and all our gear it was time to hit the road. Another great surfing weekend embedded in the memory bank forever. See you in the water Jo.

*honeyoceansearch* 



## Winter Championships

## News From Rob...

**WINTER CHAMPIONSHIPS SUNDAY 12<sup>TH</sup> JUNE**

**KNOCK OUT FORMAT**

**CHECK IN 7AM**

**FIRST HEAT IN THE WATER 7:30AM**

Hi All,

Scotts Head, well what can I say, other than what a great place to spend a weekend surfing with all you girls! Great company, fine sunny days on the beach, just a little bit chilly at night; well apart from Saturday night which was just plain freezing! I don't think I could fit any more layers of clothes on the old body, but still was most enjoyable, especially getting to know some of you a little better. I hope you all enjoyed yourselves as much as I did!!!

Winter Championships this round, I realise it is the June Long weekend, so hoping to see as many of you as possible.

See you at the beach

ROB



1. The girls pack the line up!



2. Mel & Jo get some waves to themselves on Sunday.



3. Jade shows off the new MNCGS must have fashion items!

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### CODE OF RESPONSIBILITY

Members please be aware that there are inherit risks in surfing activities that common sense and personal awareness can reduce.

Observe the Girls Surfriders Code of Responsibility for a great surfing session.

Entering and leaving the water be careful of shore dumpers, possible rips, rocks and other surfers. Watch for items that may be floating in the water.

**Know your ability:** Be in control of your board and your body. If you feel that the conditions are beyond your comfort zone, don't be compelled to enter the water, ask yourself:

"Am I going to enjoy this surf?"

Whilst we check all information supplied to us, we urge you to verify all dates. If you have any funny stories or information for the newsletter please email it to: [info@mncgs.org.au](mailto:info@mncgs.org.au)